



Kinesiology, Athletics & Dance

Program Review - Annual Update

2022 - 2023

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Annual Update Questions - Disciplines

1. Describe any changes or updates that have occurred since you last submitted program review. If there haven't been any changes or updates since your last program review, enter N/A.

Facilities

On August 1st 2022, the 116,000 square foot Building 1 Kinesiology and Wellness opened to the college campus and greater community. The total cost of construction was \$117,652,851. The KAD Division, in collaboration with Community Fitness, purchased \$886,000.00 worth of interior fitness equipment and an estimate \$70,000.00 of activated roof equipment, funded generously by Measure H. The 2022-2023 academic year marks the first full term of B1 Kinesiology and Wellness being in full operations.

Building 1 Kinesiology and Wellness serves as a teaching and learning building, set to expand academic and programmatic offerings at Cañada College. The primacy of B1 is for academic purposes, with shared space available to Community Fitness and community access/facility rentals. Enhancements of the KAD Division will be on-going, as the building was only 50% occupied during the 2021-2022 academic year. The Master Bond Project List Type includes:

- I.A - Prepare students for high-demand 21st century jobs by constructing and upgrading classrooms, labs and job training facilities
- I.C - Update campus facilities to improve access for disabled students
- I.F - Remove hazardous materials, including asbestos, from College facilities
- I.I - Modernize or construct classrooms and other facilities for workforce training; multidisciplinary academic areas; kinesiology; physical training; public safety; early-childhood education; and for humanities, social sciences and fine and performing arts activities
- I.S - Demolish outdated, non-code-compliant structures - Demolish existing Building 1 Gymnasium and adjacent paved yard. C

Staffing

Throughout the spring 2022 term through fall 2022, the KAD Division moved forward in the hiring process with the following three (3) positions:

- Dean/Athletic Director (permanent) - anticipated first date of assignment 1/2023
- Division Assistant (permanent) - date of first assignment 9/2022
- Program Services Coordinator (Detail) - assignment expiration 12/2022

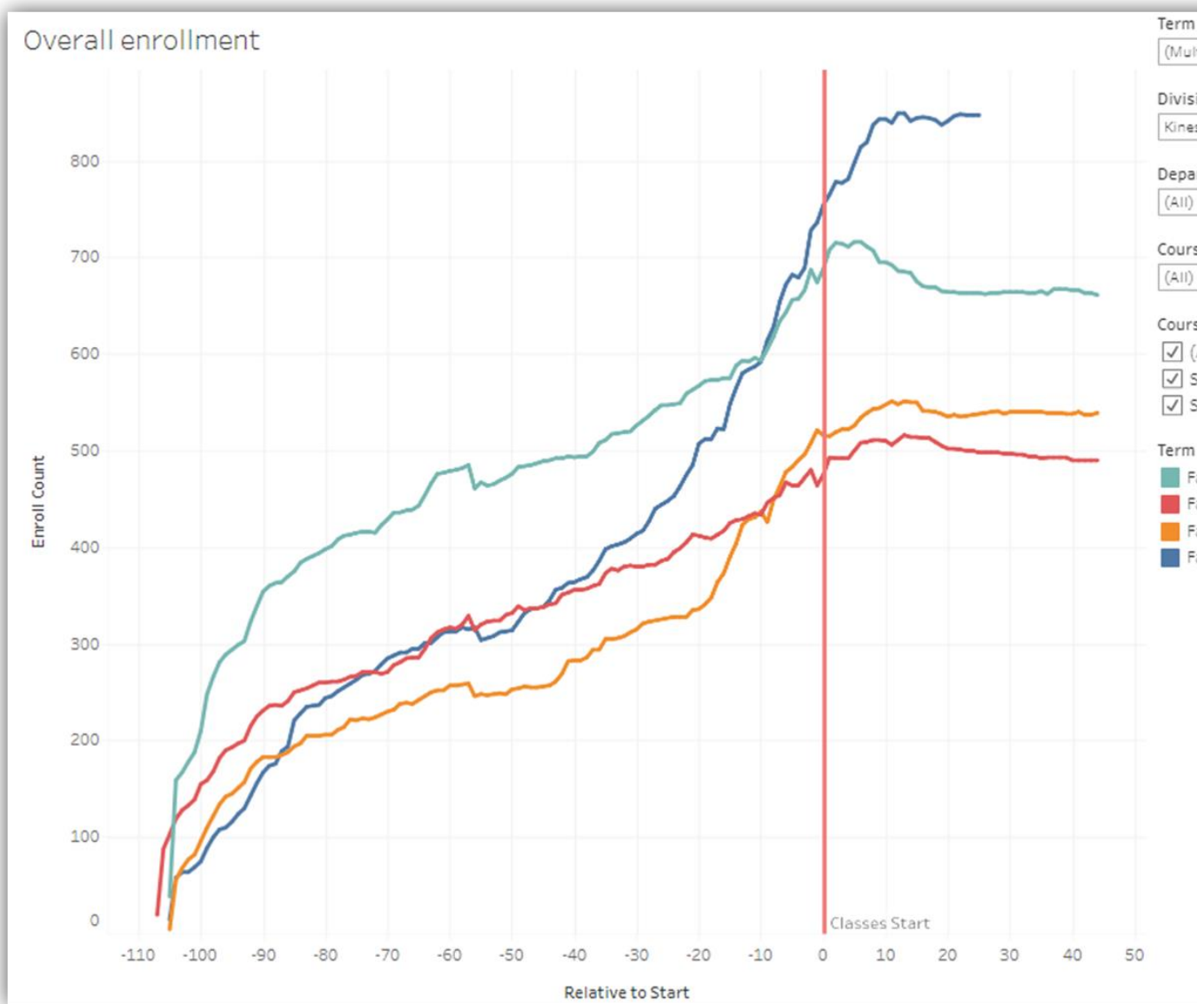
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KAD faculty, staff, and Dean/Athletic Director (interim) also served on each of the management level hiring committee for Community Fitness, as well as for on-site staff positions from spring 2022 – fall 2022. This includes nine (9) exempt positions and six (6) FT Hourly positions.

Programming

With the addition of the KAD Program Services Coordinator (Detail), marketing strategies were implemented to help increase enrollment. KAD saw an increase enrollment on multiple benchmark dates that historically seen a decline.

Entering the fall 2022 semester, KAD enrollment gradually increased compared to fall 2019 – fall 2021 on: 30 days prior to the start of classes, 10 days, and even 10 days after the semester began.



Curriculum*

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Curriculum was developed for the following classes:

- AQUA 400 Women's Varsity Water Polo
- INDV 121.1-.4 Badminton I-IV
- VARS 160 Varsity Women's Swimming
- VARS 300 Varsity Basketball: Women
- VARS 350 Varsity Women's Badminton

*Distance Education (DE) addendums were added to each submitted new courses.

2. Provide a summary of the progress you have made on the goals identified in your last program review. **2021-2022 Goals**

1. Curriculum:

KAD faculty and Dean/Athletic Director (interim) continue to explore new course offerings and future programmatic opportunities. With the passing of the Student Transfer Achievement Reform Act AB 928, it is imperative that KAD explore areas for growth as the CSU's determine if Area E Lifelong Learning and Self-Development will serve as a CSU graduation requirement or upper division general education requirement. Throughout the 2021-2022 year, KAD was limited to its course offerings due to not having equipment on the second and third floor of Building 1. Therefore, class offerings had to be modified to meet the lack of available resources.

All equipment, including roof-top and GEX rooms, was ordered in June 2022, with delivery and installation target dates of June 15, 16, 22, and 29. The total amount of equipment purchased was \$886,000.00. This did not include rooftop equipment. Although KAD had moved into B1 spring 2021, the breadth of course offerings did not begin until summer 2022.

1. Professional Development:

In 2021-22, the KAD Dean/AD submitted to the San Mateo County Community College District a Request for Organizational Membership Approval Form to the California Community College Physical Education Kinesiology and Dance (CCCPEKD) organization.

Membership to the organization was approved, meeting the following requirements:

1. Its primary purpose is in accordance with the criteria as defined by District Rules and Regulations, Section 7.54.
1. 2. A school district, as distinguished from an individual, is eligible for membership.
1. 3. A copy of the current articles of incorporation (if a corporation) constitution, and by-laws, or a statement of purpose from the organization is attached.

Benefits to be provided to the KAD Division/ Cañada College include:

Active membership to CCCPEKD is provided to ever Cañada faculty, staff, and administrator. Membership also includes participation to fall and spring CCCPEKD business meetings and professional development conferences. CCCPEKD provides KAD organizational advocacy for the Kinesiology discipline at the state and national level. Opportunities include regular communication to collaborate and connect with other

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California Community Colleges, California State Universities, and K-12 Kinesiology, PE, and Dance faculty. Collaboration for curriculum, majors, and CE programs is also available.

1. Position Proposals:

Throughout the spring 2022 term, KAD was able to on-board a Program Services Coordinator (Detail) position. This position was originally set to expire in 6/2022. However, due to the on-going need of paraprofessional work and administrative support for the KAD Division, the position, through CSEA, HR, and KAD Dean/AD approval, was extended through 12/2022.

The PSC (Detail) position assists in the planning, coordination, and implementation of KAD programming such as services as student recruitment, intercollegiate home events, special events, tours, individual and specialized programs and other support for current and potential program participants. Public contact is extensive and includes students, staff, other educational institutions, community and business representatives, governmental agencies and the general public, for the purpose of exchanging program information and services, especially within the B1 Kinesiology and Wellness facility.

Having a Permanent Program Services Coordinator is vital for the sustainability and growth plan for KAD. The PSC position will be re-submitted in the 22-23 personnel resource request process as a permanent position.

The permanent KAD Division Assistant was hired in 9/2022. This position performs complex and detailed clerical and administrative support for the KAD Division administrator, with an expectation of resolving problems and making independent decisions with minimum supervision. Under direction, the Division Assistant initiates, implements and coordinates office procedures and timelines, while exercising independent judgment, in order to complete major projects and provide support for KAD Division programs and services. The Division Assistant is responsible for the modification and maintenance of the KAD Division schedule, serving as a resource to Division administrators, faculty, staff and students, while adhering to campus guidelines and timelines. The Division Assistant provides organizational support on budget maintenance and reconciliation. The Division Assistant works closely with the budget office to follow proper accounting procedures. Public contact is extensive, and involves college and district staff, faculty, students, vendors, other educational institutions, business and community representatives, regulatory agencies, and governmental agencies for the purpose of exchanging policy and procedural information.

The permanent KAD Dean/Athletic Director posted once during the spring 2022 semester and again in the fall 2022 semester. The anticipated start of assignment date for the KAD Dean/Athletic Director is 1/2023.

1. Fitness Center Access and Operations:

On behalf of its students, the KAD Division ensured that Building 1 Kinesiology and Wellness remained fully accessible to the entire College community. This is recognized through the types of memberships below within the Community Fitness operations.

Types of membership

California State Select

A membership for those who live and work outside of San Mateo County.

Community Collective

A membership for those who live and work within San Mateo County.

Senior

A membership for those 65 and older who live and work within San Mateo County.

Student Select

A membership for students who are registered with 6-units or more at any one college or combination of colleges within the San Mateo Community College District.

Faculty/Staff

A membership for San Mateo Community College District faculty or staff working at any college location.

Faculty

A membership for full-time faculty working M-F / 6 c

3. If your goals are changing, use this space to provide rationale, or background information, for any new goals and resource requests that you'll be submitting that were not included in your last program review. Throughout the fall 2022 semester, the Kinesiology, Athletics, and Dance Division met weekly to identify a strategic direction for programmatic enhancement and growth for the upcoming year. Through collaboration and dialogue, faculty, staff, and Dean/Athletic Director established the following four (4) goals. Each of these goals represent a path towards re-establishing KAD as a prominent instructional division, aligned purposefully with the College's Educational Master Plan (2022-2027).

The KAD Strategic Work plan can be found here: [KAD Goals for Strategic Plan - 2022 KAD Annual Plan.xlsx](#)

Goal #1 Increase enrollment by extending academic programming through the utilization of KAD's facilities to host youth events

- The Kinesiology, Athletics and Dance Division is now permanently located in Building 1 Kinesiology and Wellness facility. After five years of utilizing various swing spaces and off-site locations to offer classes and other KAD related activities, having a permanent location allows for the opportunities to strengthen, enhance, and grow programmatic efforts. KAD is currently exploring District policies and procedures as it relates to academic-sponsored events and youth programming, such as youth athletic and dance clinics/camps, and other community events led by our faculty, coaches, assistant coaches, staff, to include student and student athlete participation. KAD believes Academic-sponsored programming will only strengthen KAD's connection and partnerships within the community and increase enrollment through access of B1 facilities. Examples of community exploration are partnerships with non-profit

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organizations, sports corporations engaged with the development of sport programming, and other community entities.

- The ability to offer various types of events to potential students in our surrounding communities will enhance the personal connections with community members of underserved and underrepresented groups in our service area, with a purpose of leading to increased enrollments through direct personal contact.
- Similar to other community colleges, KAD is able and willing to provide youth sports and dance camps and other KAD related events for our community members. These camps and events will allow our surrounding communities to meet with, learn from, and develop skills under these partnerships lead by our students, student-athletes, coaches, faculty, and staff within our existing facilities.
- Providing future students an opportunity to experience the Colt community, while they engage and gain awareness of Cañada's programs and services is beneficial for all. Categories for camps, clinics that are already offered by KAD include Baseball, Basketball, Soccer, Tennis, Volleyball, along with Dance camps and shows, while exploring a learn to swim program.
- Below is a framework that KAD believes the College should consider for adoption as it provides opportunities for both current SMCCCD employees and community partners to benefit from utilizing B1:
 - [Field and Facility Guidelines - KAD 2022.docx](#)
 - Items to consider:
 - B1 facilities rental requests (external/internal) be vetted, approved, and processed by KAD, in communication with Community Fitness, prior to sending forwarding to the VPA's Office.
 - KAD Division reserves the right to determine a site director for all B1 and athletic field rentals

Goal #2 Review and strengthen KAD Division operations by evaluating resources, policies, and procedures to support programmatic growth.

- As of 2018/2019, Cañada College recognized Kinesiology, Athletics, and Dance as an instructional division, on par with CSM and Skyline. In previous years, KAD has either been absorbed by another instructional division, supervised directly by the Vice President of Instruction, and separately reported directly to the Office of the President. Strengthening the operations of each department within KAD as is imperative as it establishes itself while a second entity is operating within B1.
- Assistant Coach Pay
 - Re-evaluating and strengthening our KAD Division Operations will improve inclusivity, diversity and equity for our students. Providing assistant coaches with more resources and pay allows them the time and ability to provide expanded support for our students and ensures the safety of student athletes during practice and game day travel.
 - Below is suggested breakdown of equitable Assistant Coach Pay:
 - [Assistant Coach Breakdown Request 2022.xlsx](#)
- Transportation

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- Having more professional drivers/charter buses available to our teams will lower the liability that comes with having lower than minimum wage paid assistant coaches driving vans for 3+ hours to transport student-athletes to and from away matches. In 2020, KAD had to surplus one (1) PE Ford Van, without any replacement from the District. Of the current four (4) PE Vans, that serve not only Athletics but the entire College, two (2) vans were originally purchased in 2004 (Van #42 and Van #45).
- Below is the scheduled breakdown of the District owned PE vans.
 - [Copy of Copy of DW Vans PE replacement - ML.xlsx](#)
- KAD highly recommends the College support Athletics by providing adequate and safe transportation to and from games. Below are quotes gathered through the approved SMCCCD transportation vendors that will provide all students safe transportation throughout the season:
 - [Transportation Quote SF Minibus.xlsx](#)
- Gymnasium
 - As KAD evaluates future sports and course offerings, the gymnasium, in its current set up, does not support growth of our academic class offerings (TEAM 171.1-.4, INDIV 121.1-.2 Badminton, futsal, etc.) and Varsity Teams. This limits our full-time students and programs. The ability to suspend basketball hoops from above the weight supported beams will increase the gym's usability and versatility.
 - Below is an impact report indicating the cost to move the basketball stanchions to allow for VARS and TEAM activity within the gym:
 - [Gym 1-193 Impact Report.docx](#)
- Staffing
 - The KAD Division continues to serve a high number of FTES students per semester while maintaining the highest transfer rates at Cañada. Our focus is to ensure all students, including but not limited to, those who are low-income, first-generation college and those who are older from underrepresented minority groups have the opportunity to attend Cañada College. Reviewing and strengthening our KAD Division website, marketing resources, and social media will provide us the ability to reach potential/future students and showcase our diverse student population and how we provide equitable, inclusive, and transformative learning.
 - **Program Service Coordinator**
 - **Equipment Manager**
 - **Sports Information Director**
- Athletic Facilities
 - Below is the District-wide Athletic Field Replacement schedule. The spreadsheet specifically indicates the timeline at which our baseball field, soccer field, and tennis courts are to be upgraded. This was discussed by CAN/CSM/SKY Dean/AD's with District Facilities and personnel. The need to upgrade athletic facilities is imperative for the safety of the students and branding of the

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division/college. Additional areas that need upgrading, not originally on the spreadsheet are as follows:

- Baseball Field: turf pitching mound, batters box, and pull pen, creating a 5 year cycle for the batting cage netting (beginning 2024), and refurbishing the cement flooring of the first base line, upgrade stereo system and speakers
- Soccer Field: Confirming a bi-annual in-fill replacement with HELLAS (scheduled maintenance should be proportionate to rentals), new windscreens, upgrade stereo system and speakers, extended fencing along the southend of the soccer field (below the scoreboard)
- Tennis Courts: upgrade windscreens
- [CAN-CSM-SKY FLDS Upgrade with Notes 3.8.22.xlsx](#)
- ??????Facility Dog
 - ??????????????In the interest of furthering the goals of the Cañada College Athletic Department to provide support for our student-athletes, we are proposing the integration of a facility dog into the Athletic Training Facility services. A facility dog facilitates injury recovery through enhanced psychological support, provide emotional support for student-athlete with anxiety, depression and other psychological disorders, assist in reducing injury-related stress, and increase overall staff and student morale.
 - Larger institutional impact is also positive. In times of campus-related crises, the facility dog can be a critical tool to provide emotional support to the larger student population. Precedence has been set, as facility dogs have been repeatedly invited during finals week, which attests to the college's belief that they can be an effective tool in stress and emotion management.
 - From a financial standpoint, the college is not responsible for purchase or care of the facility dog. The California Canine for Independence (CCI) organization trains and provides the dog free-of-charge. CCI also provides liability coverage for the facility dog. In order to receive a facility dog, the Athletic Trainer must be accepted after an extensive application process, followed by extensive training and continuous recertification.
 - The Athletic Trainer is responsible for housing, food, proper grooming, and medical needs.
 - The idea was first proposed in Spring 2017. Since then, a MOU was drafted in March 2018 and discussed. With new personnel overseeing our division, the proposal had to be restarted and presented at a cabinet meeting in January 2019. We were informed that the proposal would need to be revisited in the 19-20 academic year. We are currently awaiting approval to apply.

Goal #3 Explore and research the landscape of Kinesiology and Fitness in order to consider the viability of past curriculum and potential new certificates.

- Maintain Existing Curriculum - The Division will update course outlines as needed to align with District standards. The Division will continue to level current offerings so that students interested in continued enrollment will be able to do so. Courses will also be offered in a variety of modes (in-person, hybrid, and

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online) to meet the educational needs of students. Some instructional equipment is needed to replace old equipment for these exciting programs that was not purchased when outfitting the new building.

- Certification Program - To address Strategic Initiative 1.5 of the Educational Master Plan, the Division intends to review the current core program of the existing (and currently banked) Fitness Professional Certificate of Achievement and consider strategic revisions to make it a viable option for potential students looking to prepare for careers in the health and fitness-related industry. The existing program coursework would be revised and written to align with a nationally recognized and accredited organization in a way that the content is condensed into fewer courses but that students are still prepared for the certification exam at the completion of our program. This includes ensuring all course content address the knowledge base required of a certified professional. In collaboration with Community Fitness, we will offer hands-on experience as part of the program in the form of internships, mentorships, and/or paid student employment. It is important to onboard Community Fitness to help offset third-party certification cost, legitimizing the program. [Fitness Professional Certificate - Example.docx](#)
- New Course Offerings - With the new Kinesiology and Wellness Building fully online, the Division will continue to design new courses (E.g. pickleball and 3 x 3 basketball) for the general student population utilizing newly available resources. New courses will also be added to the curriculum to support the expansion of intercollegiate athletic teams, such as offseason conditioning and weight training. Instructional requests will reflect the need for additional resources in order to offer the new courses.

Goal #4 Implement a plan of action to introduce and re-establish Varsity Athletic Teams over the course of five (5) years.

- The plan of action to increase Intercollegiate Varsity Athletic Teams over a five (5) year timeline can be found below.
 - [KAD Work Plan - Athletics.xlsx](#)
 - 2023/2024 Women's Volleyball
 - 2024/2025 Women's Basketball
 - 2025/2026 Women's Water Polo
 - 2026/2027 Men's Tennis
- To support our students a full time Head Coach/ Kinesiology Instructor will be a high priority.

Supporting Information

General Supporting Documents

[KAD Goals for Strategic Plan - 2022 KAD Annual Plan.xlsx](#)

Tables & Graphs

KAD Strategic Work Plan 2022

