

BLACK LIVES MATTER

I Need Resources for a Strong Mind, Heart, & Body

For Students

- o I want to use my voice to advocate for and represent students -
 - Cañada College [Associated Students](#)
- o I want to connect with other students in community -
 - Cañada College [Clubs & Organizations](#)
- o I would like to better assess my learning (and other) abilities for my success -
 - Cañada College [Disability Resource Center](#)
- o I would like general health advice -
 - Cañada College [Health Center](#)
- o I would like to speak with a personal counselor -
 - Cañada College [Personal Counseling Center](#)
- o I would like to learn more about how to facilitate social justice conversations -
 - [Social Justice Training Institute for Students](#) (SJTI)

For SMCCCD Employees

- o I would like to speak with a personal counselor -
 - SMCCCD [Employee Assistance Program](#) (EAP)
- o I would like to learn more about how to facilitate social justice conversations -
 - [Social Justice Training Institute](#) (SJTI)
 - Claremont EAP [Anti Racism Resources](#)
- o I would like to join a community discussion about the impacts of White privilege -
 - [White Privilege Conference](#)

For All the Cañada College Campus Community

- o I would like assistance in receiving free groceries -
 - SMCCD Drive-Thru [Community Market](#)
- o I want to get involved with more conversations, and event planning -
 - Cañada College [Academic Committee for Equity and Success](#) (ACES)
- o I want to build safe spaces for the [LGBTQIA+](#) community
- o I want to build safe spaces for the [DREAMers](#) community
- o I need some [Radical Self-Care](#) in the Face of Mounting Racial Stress
- o I need [Healing Resources](#) as a BIPOC Organizers & Ally

I Want to Get Better Informed...

What are some things I can view or do to become better informed?

- o View:
 - [Race: the Power of an Illusion](#) (PBS series)
 - The illustrated series: A Guide to [White Privilege](#)
 - [How to Raise a Black Son](#) in America by Clint Smith
 - [We are in a Moment of Collective Trauma but there are glimmers of Hope](#) by John Powell
 - [Racial Injustice](#) from The Daily Show with Trevor Noah
 - [How to Make this Moment the Turning Point for Real Change](#) by President Barack Obama
 - [Color of Fear - What it Means to be American](#) by Lee Mun Wah
 - [I'm Black. My Mom Is White. This Is The Talk We Had To Have About George Floyd's Killing](#) by Kimberley J. Miller
- o Review:
 - [The Black Lives Matter: How You Can Help](#)
 - The [United Nations](#): How You Can Fight Racism
 - The [National Resources List](#) of Bail Funds, Trans Funds, and Black History and Revolution Texts
 - The [Equity Institute](#)
 - University of Southern California's Center for Urban Education_([CUE](#)),
 - African American Male Education Network & Development ([A2MEND](#))
 - SDSU's Community College Equity Assessment Lab ([CCEAL](#))
 - [The Great Unlearn](#) by Rachel Cargle
 - How to Deal with the [Psychological Affects of Racism](#)
- o Sign Up for Cañada College Student Life's [Microaggressions Training](#)

What are some suggested readings?

- o [How to be an Anti-Racist](#) by Ibram X. Kendi
- o Check out the masterdoc of [anti-racist work](#) literature
- o [Between the World and Me](#) by Ta-Nehisi Coates
- o [Sister Outsider](#) by Audre Lorde
- o ["When Police Brutality Has You Questioning Humanity..."](#) by Dr. Imani J. Walker
- o [75 Things White People Can Do for Racial Justice](#) by Corinne Shutack
- o [The Conversation We Must Have with Our White Children](#) by C.E. Martin
- o [White Fragility](#) by Robin DiAngelo
- o ["Seeing White" Podcast](#): Tracing the history and power of whiteness in America
- o [My White Friend Asked Me on Facebook to Explain White Privilege. I Decided to Be Honest](#) by Lori Lakin Hutcherson
- o [Why Not "All Lives Matter"?](#) by Daniel Victor

I Want to Get More Involved...

At Our College

- o I want to use my voice to advocate for and represent students with Cañada College's [Associated Students](#)
- o I want to connect with other students in community with Cañada College [Clubs & Organizations](#)
- o I want to attend Cañada's [Black Student Union](#) Meetings and Events
- o I want to attend the Associated Students of Cañada [College Events](#)
- o I want to plan a Campus Event with [Programming Board](#)
- o I want to [address unconscious bias](#) from my colleagues

In the Classroom

- o Find lessons and resources in the [Black Lives Matter at School Resource Guide](#)
- o Check out and utilize the ["She Safe, We Safe Toolkit"](#)
 - "This is a tool that can be used to host political education events during Black History Month 2020, engage in personal political education, or guide informal learning. Included are sample agendas and facilitation guides, readings, podcasts, and guiding questions for digging into them."
- o Utilize the [Healing Justice Toolkit](#)
 - A Toolkit for Black Lives Matter Healing Justice & Direct Action
- o Read with your class and do a group discussion about the various roles in a Social Change Ecosystem by the [Build Movement Project](#)

Via ZOOM

- o I want to show my informed support on ZOOM calls with backgrounds
 - [Black Lives Matter](#) with ASCC Logo
 - [Black Lives Matter](#) with College Logo
 - [Black Lives Dreams, Families Matter](#) (Video Background)
 - [Description](#) and history of Black Lives Matter
 - [Las Vidas Negras Importan](#) with College Logo
 - Read about [ChicanX and Black Radical Activism](#) of the 1960s
 - [Yellow Peril](#) for Black Power
 - [Description](#) of Yellow Peril
 - [20+ Allyship Actions for Asians to Show Up for the Black Community](#)
 - [AAPI Collective for Black Solidarity](#)
 - Black Lives Matter [American Sign Language](#)
 - [Justice for Shukri Abdi](#)
 - Video on [Abdi's case](#)

With My Children

- o [P.R.I.D.E. \(Positive Racial Identity Development in Early Education\)](#)--Program whose goals are to " help young African American children develop a positive racial identity, support teachers and parents by building their racial knowledge, and raise awareness of the impact of race on young children."
- o [Books that inspire resilience](#) in kids of color from Lee and Low
- o View [Black Education Matter's](#) List of Black&Trans Children's Books
- o Beyond the Golden Rule. [A Parent's Guide](#) to Preventing and Responding to Prejudice (Tolerance.org)
- o [How to Teach Your Kids to Fight Hate](#) from Parents.com
- o [What White Children Need to Know About Race](#), Ali Michael and Eleonora Bartoli

In the Community

- o I want to get involved with a non-profit
 - Join [Week of Action in Defense of Black Lives](#)
 - "This is an opportunity to uplift and fight alongside those turning up in the streets and online."
 - "Follow ["Rise Up 4 Justice"](#)
 - "We will examine the history and impact of police violence and inequality on the Black community, the current context of white supremacy and Black resistance, and the possibilities and strategies for a racial justice future."
 - Get Involved with the [Black Youth Project](#)
 - "Our She Safe, We Safe Story Collection Project is a tool for connecting and building our community. We not only want to hear and tell stories, we want to bring folks into the work of building a safer, freer world."
- o I want to attend a community movement event
 - What are [protesters' rights](#)?
 - What if I get [stopped by police](#)?
 - How do I stay healthy and [safe at a public demonstration](#)?
 - What do I need to safely [protest in the Bay Area during COVID 19?](#)
 - What if I'm an immigrant wanting to join community movement building, what are [immigrants' rights](#)?
 - How do I talk to people about why I want to protest?
 - [Don't understand the protests?](#) by Kareem Abdul-Jabbar
 - [Of course there are protests.](#) The State is failing Black people by Roxane Gay
- o I want to donate
 - A Directory of [Community Bail Funds](#)
 - [The Audre Lorde Project](#)
 - [The Equal Justice initiative](#)
- o I want to support Black businesses
 - [Bay Area Black-owned restaurants](#)
 - [47 black-owned bookstores](#) across the country that you can support

Share resources!

Email our Student Senate at
canadacollegeascc@gmail.com

