



What is the Upward Bound Program?

Cañada College Upward Bound Program is a federally funded college preparatory program for students who live in targeted areas including: East Palo Alto, North Fair Oaks and/or attend Sequoia High School. The program provides academic support services for students who qualify. The program is designed to provide students with the motivation and skills needed to successfully transition from high school to college and go on to complete their college education. All Upward Bound activities and services are free to students enrolled in the program.

What services does Upward Bound offer?

- ◆ Tutoring Services
- ◆ College Tours
- ◆ Cultural Enrichment Activities and Field trips
- ◆ College Prep Workshops
- ◆ Academic and Career Advising
- ◆ Financial Aid Workshop and Scholarship Research Assistance
- ◆ Opportunities to Earn Free College Credit Prior to Attending College
- ◆ Transportation to and from Activities
- ◆ Saturday College
- ◆ Parent Workshops

Cañada College, Bldg. 22– Rooms 111 & 112

4200 Farm Hill Boulevard
Redwood City, CA. 94061
Fax: 650-381-3542

Office Hours: 10 a.m. – 1:30 p.m.

Sequoia High School, Room 248

1201 Brewster Avenue
Redwood City, CA 94062

Office Hours: Sequoia 2:30 p.m. - 6:00 p.m.

Woodside High School, Room H5

Wednesdays at 2:10-3:45 p.m.

TRIO

UPWARD BOUND

Maria Huning

Program Director

(650) 306-3332

huningm@smccd.edu

Derek Alberto Vargas

Program Service Coordinator

(650) 306-3335

vargasd@smccd.edu



CAÑADA COLLEGE

UPWARD BOUND



A College-Prep Program for High School Students



TRIO Upward Bound: Your Access to Success

Who is Eligible for the UB Program?

The Upward Bound (UB) Program is available to high school students (Grades 9-12) enrolled at one of the following High Schools:

- ◆ Sequoia High School
- ◆ Woodside High School
- ◆ Carlmont High School
- ◆ Menlo-Atherton High School
- ◆ Summit/Everest Charter School



Additional eligibility requirements include:

- ◆ Must be a U.S. Citizen or permanent resident of the United States
 - ◆ From a family that meets the federal TRIO program low income level, as determined by the Department of Education
- and/or
- ◆ A potential first generation college student (Neither parent has completed a four-year college degree)

Who should Apply to Upward Bound?

Commitment to the program extends through high school. During this time, Upward Bound staff will work with students individually and in small groups to address their needs, develop their academic potential, and identify and meet realistic goals.

An ideal student strives to:

- ◆ Take appropriate but challenging course each semester
- ◆ Maintain consistent school attendance
- ◆ Participate in tutoring twice per week, one Saturday morning per month, and six weeks in the summer
- ◆ Demonstrate strong work ethic and willingness to learn new concepts, meet new people and, experience new opportunities

Deadlines

Term

Fall
Spring
Summer

Due Date

October 1st
February 1st
May 1st

How Do I Apply?

Step 1: Complete the Pre-Screening Form

The Pre-screening is a one page form that helps us determine if you are eligible for the program.

Step 2: Complete the Application

Once we have approved the Pre-screening, the next step is to complete the Application. This consists of 2 recommendations (one from a math teacher and another from an English teacher), an essay and other forms to complete.

The Application & Pre-Screening can be found online:

<https://canadacollege.edu/upwardbound/apply.php>

Step 3: The Interview

Students who move forwards will be invited for an interview. This is an opportunity for us to be able to meet and decide whether this program is right for you.

